

## Training Guidelines and Resources for Epinephrine Auto Injector

**Guidelines** per [Texas Administrative Code Title 25 Part 1 Chapter 37 Subchapter U Rule §37.607](#)

Each school district, open-enrollment charter school, or private school that adopts an unassigned epinephrine auto-injector written policy under this subchapter is responsible for training school personnel and school volunteers in the recognizing of anaphylaxis signs and symptoms and administration of an unassigned epinephrine auto-injector. Each assigned school personnel or school volunteer shall receive initial training and an annual refresher training. Training shall be consistent with the most recent [Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs published by the federal Centers for Disease Control and Prevention.](#)

(1) Training may be provided in a formal face-to-face training session or through an online education course.

(2) Training required under this subchapter must meet the requirements found in Texas Education Code, §38.210 and include information on properly inspecting unassigned epinephrine auto-injectors for usage and expiration.

(3) The initial training must include hands-on training with an epinephrine auto-injector trainer.

(4) The annual refresher training must include a hands-on demonstration of administration skills.

(5) The training must also include information about promptly notifying local emergency medical services.

(6) Each school campus shall maintain training records and make available upon request a list of those school personnel or school volunteers trained and authorized to administer the unassigned epinephrine auto-injector on the campus.

**Documentation of Training:** Refer to the TCCBED Health Manual for roster and acknowledgement forms

### **Training Resources:**

[National Association of School Nurses Training Tools](#)

[Food Allergy Research & Education](#)

[Texas Health and Human Services Resources for Schools](#)